

THE

Cure Pamphlet

Based on the

1800s Cure and Remedies

As Preserved by

Gabriel Furman

In His Journals With

Their Description and Ingredients

Gary Jean-Juste

Table of contents

Preface----pg2

Cures For

Diarrhea---pg4

Felon---pg5

Consumption---pg6

Whooping cough---pg7

Cholera---pg8

Cancer---pg9

Ingredients---pg10-13

Bibliography---pg. 14

Preface

I began my research on Gabriel Furman only knowing that he was a loner that ended up dying due to his addiction to a drug. As my went research I got a better feeling of what Furman was trying to do with his life by the way that he was preserving the rich history of Brooklyn in his journals. I found that Furman inscribe of medicine during the early 1800s to be one the most delightful entry that he made in his journals.

The cures and remedies that we use today are all made up of all types of different kinds of ingredients, but how do we know what ingredients that are used in the many different kind of medicine we take each years. Gabriel Furman being the great historian that he was kept many entries on how to recreate many of the cures that was used during the early 1800s. I wanted to show the important of these cures and show how much of an impact that they had on the world of medicine today. I also wanted to learn more about we improved to these

remedies to make some of the amazing medicine we have today. Some of these remedies could easily be made today without having a lab or any high-tech equipment. I' am making this booklet as a way to past on the knowledge that Furman past on in his journals. The cure and remedies that are written down in this booklet may be easy to make now but the effect may not be the same as back during Furman's time.

Cure For Diarrhea

“A tea cup full of rice well burned and made into a beverage, as you make coffee, will cure the most obstinate case. Take a cup full of the drink rice in 20 or 30 minutes until the third or fourth time, then wait an hour or two and repeat”



Descriptions:

This is one of the easiest of Furman's remedies to make. It looks like water but it has the dietary energy of the rice in it. The Ph. test shows that this was only a little basic with a Ph. of 7.

V

Cure For Felon

“Take equal part of turpentine and verdigrease, mix them together into a salve and apply it”



Descriptions:

This cure came out looking like a yellowish gold. The smell alone was burning. The Ph. test showed that the remedy had a Ph. of 2 showing that it was very acidic. A very easy thing to make but the over powering smell can easily tell you that when applied this “cure” would burn.

Cure for Consumption

“Old Jamaica Rum mixed with boiled milk in equal proportions and sweetened with loaf sugar and simmer together for about fifteen minutes over some coals. Take a wine glass of this in a tumbler of warm milk every morning



Descriptions:

The Remedy looked be pinkish white. It didn't really have any type of smell to it. The Ph. test showed that it had a Ph. of 9 that I guess was due to milk that was added.

Cure for Whooping cough

*“Take a wine
Glass of rum and
half as much of
spinitis of
turpentine, shake
them well together,
and rub the child
by the fire gently*

*down the neck and
chin night and
morning. In a few
days the cough
will be cured.
Don't go too near
the fire or you set
it all in flame*



Descriptions:

Two over powering smells to make a very reddish acidic cure. Ph. test show that this had a ph. of 4.

Cure for Cholera

“You could mix sugar salt and water and drink in large amounts”



Descriptions:

This is a very simply water, salt and sugar.
Ph. test showed it to a ph. of 7.

For Cancer

“Boiling olive oil in a brass or copper vessel”

“Take the common sheep sorrel which grows plentifully in the fences, pound it up together, and then place it on a pewter plate and set it in the sun, when it will form a salve apply this salve to the cancer, and it will cure it.”



Descriptions:

Olive oil boiled in a metal pot until it becomes a golden brown ointment. It became very thick and wasn't as runny. Ph. test showed it to have a ph. of 8

Ingredients:

Rice:

- Major source of Dietary energy
- Constitutes a natural medicine used mainly as a popular remedy
- The Water of rice seats the belly and stop diarrhea

Gin:

- One of the best natural remedy for arthritis
- Helps boost your appetite
- Cure for stomach complaints

Turpentine:

- Used experimentally in baths for the treatment of disseminated sclerosis and sexual dysfunction
- Source of antibacterial activity and inhibition of osteoclast activity

XI

Verdigrise:

- Kind of rust usually prepared from copper metal by corroding it with vinegar
- Mild detergent in cleansing open wounds (not recommend)

Rhubarb:

- Has a long history of herbal usage
- Positive and balancing effect upon the digestive
- Also used as an : Anticholesteremic
Antiseptic
Antispasmodic
Antitumor
Aperient
Astringent
Cholagogue
Demulcent
Diuretic
Laxative
Purgative
Stomachic
Tonic

XII

Aloe:

- Part used –Leaves
- Safest and best warm and stimulating purgatives to person of sedentary habits and phlegmatic constitutions

Milk:

- Nutrients present are fat protein, lactose vitamins and minerals.
- Has basically all types of vitamins
- An natural panacea

Sugar (loaf sugar):

- Contain calcium, iron and vitamins

Salt:

- Panacea
- Helps in treatment of emotional and affective disorders
- Vital for sleep

Boneset Tea:

- Part used- aerial parts
- A native American remedy for colds and fever

Olive Oil:

- Reduces the risk of cancer

XIII

- A good source of vitamins and antioxidants.

Sheep Sorrel:

- Used in non-toxic cancer treatment.
- Leaves are used to remove excess fluid from the body

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